



2011-2012
ATHLETIC HANDBOOK

Including:
Athletic Participation Agreement
Parental Consent/Delegation for Medical Treatment Form
Health Status Questionnaire

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I. Introduction

Interscholastic athletics in the Brunswick Central School District are an extension of the district's physical education program and are intended to be a broadening and value-building experience. Athletics should be offered to as many students as possible. A well-coordinated athletics program can be important to the morale of the school and our community.

Philosophy

The Brunswick Central School District understands that interscholastic athletics are an important part of the educational process. The combination of academics and athletics enhances the quality of students' lives and expands their options for learning and personal growth. Athletics provide an educational opportunity in which students can learn essential life lessons beyond those that can be learned in an academic classroom.

This reflects our belief that the essential requirement for teamwork, the mental and physical challenges of training and competition, and the experience of winning and losing graciously are important life lessons in every student's developmental experience. These lessons will serve students well in their future.

Developing good character habits requires time and effort. Coaches, parents and other stakeholders can help students develop such habits by continually discussing, modeling, and reinforcing the desired attitudes and beliefs over time.

We also understand that participation on an athletic team or teams demands a commitment that involves both dedication and sacrifice. Making such a commitment helps nurture integrity, pride, loyalty, and overall character. This is required of not only student athletes, but also the coaches and parents.

Everyone involved in the delivery of athletics has a unique opportunity to teach positive life skills and values. Desire, dedication, and self-discipline need to be developed in order to ensure the commitment and personal sacrifice required by athletes.

It is the nature of athletic competition to strive for victory. However, the number of victories should not be the only criterion when determining a season's success. Guiding a team or an individual to attain maximum potential is the ultimate goal. To this end, the coaching staff must teach student athletes to prepare their minds and bodies in order to reach maximum potential, and then to be modest in victory and steadfast in defeat.

II. Academic Eligibility and Behavioral Expectations

Participation in athletics is a privilege, open to students who meet academic eligibility standards and behavioral expectations.

Two or more failures places your child on academic probation. Participation in athletics, clubs, dances, and attendance at school events is a privilege, open to students who meet academic eligibility standards and behavioral expectations.

EXTRACURRICULAR ACTIVITIES

- A. The Board of Education of the Brunswick Central School District recognizes the importance of the extracurricular life of the school and supports the concept of a diverse extracurricular program to enable each student to achieve full potential. The Board supports the assignment of staff for the formation of student groups for any of the following purposes:
1. Developing academic interests.
 2. Developing athletic interests.
 3. Providing for social interaction and the development of positive social relationships.
- B. Developing understanding of the responsibilities and characteristics of good citizenship.

Students participating in such activities, do so as representatives of the District. Their conduct is expected to be exemplary.

Participation in extracurricular activities is elective and a privilege. It is not an entitlement. Student participation or involvement in activities that reflect poorly on the District or its schools or are in violation of the student code of conduct may result in suspension of such privilege.

- C. Academic Eligibility is determined by the grades a student earns in all courses. If a student receives a failing grade in two or more courses, the student has not met the academic standard, and will not be allowed to participate in or attend athletic games, practices or other school activities (sporting events, non-educational field trips, community service projects, dances, etc.) A grade of 64 or below is considered failing. This policy applies to all students in grades 6 – 12.

Interim course grades at the 5 week mark of each marking period and **quarter course grades** the student earns at the end of each marking period in all classes will be used to determine if the academic standard has been met.

The student will be academically ineligible for the next five weeks or until the next interim grades or quarter grades are distributed. The final course grade average that students receive at either the end of each semester or the school year are **not** taken into consideration for determining academic eligibility. If a student is academically ineligible as of the 4th quarter course grades, the ineligibility will extend to the 1st five weeks of school the following school year. Summer school grades will not be considered for eligibility purposes. Students new to our school district will not have his/her academic eligibility assessed until he/she has attended our school for five weeks.

Additionally, if a student is academically ineligible for five or more of the eight report periods during a school year, he/she will not be eligible to participate in any athletics or extracurricular clubs or activities (sporting events, non-educational field trips, community service projects, dances, etc.) for the **entire following school year.**

If a student is academically ineligible, he/she may not participate in any extracurricular activities (sports teams, school clubs or activities, sporting events, non-educational field trips, community service projects, dances, etc.) for a period of ten school days after becoming academically ineligible. During this time, an academically ineligible student is **strongly encouraged** to meet with his/her teacher(s) with the goal of showing improvement in his/her failing classes. For this improvement to be assessed, the student is required to meet with each of the teachers of the class he/she is failing at least once every five days during this ten school day period. Contact sheets to document the meetings with his/her teachers will be available to each academically ineligible student and can be picked up by an academically ineligible student in the Main Office. When this obligation has been met and the contact sheet has been returned to the Building Principal, the student will be allowed to return to and participate in sports practices and/or school club meetings. He/she may not participate in sports games or other club activities until the next interim grades or quarter grades indicate that the student is now academically eligible.

If a student does not initiate contact with his/her teachers or fulfill the expectation of meeting with the teacher(s) of the classes he/she is failing during this ten school day period, he/she will not be able to participate in or attend athletic games, practices or other school activities (sporting events, non-educational field trips, community service projects, dances, etc.) until the next interim grades or quarter grades indicate that the student is academically eligible.

No student is able to represent his/her sport or school activity while academically ineligible (i.e. no school uniforms for athletes or club apparel is to be worn by those who are academically ineligible.)

The goal of this policy is for students to improve academically.

- D. If a student chooses to leave school illegally or cuts a class, that student will not be eligible to attend or participate in any after school activity or function on that day. If the infraction is discovered at a later date, the consequences will be applied at that time.
- E. Any student receiving in school suspension is ineligible to participate in any interscholastic sports contest or practice, extracurricular activities, or functions on that day.

For additional information regarding sports eligibility, see the Athletic Handbook for clarification.

Behavioral Expectations

The four C's – Competence, Character, Civility, and Citizenship cover the behavioral expectations for a Tamarac Athlete.

Competence

- To develop the skills necessary to participate competently in the game.
- To demonstrate knowledge of the rules and conventions of the game.
- To demonstrate knowledge of the strategies of the game.
- To demonstrate a level of physical conditioning and fitness sufficient to participate competently in the game.
- To demonstrate knowledge of healthy behaviors including nutritional issues.
- To understand the necessity of abstaining from the use of tobacco, alcohol, and illegal drugs in order to achieve the positive benefits of interscholastic athletics.

Character

- To be dependable in fulfilling obligations and commitments.
- To accept responsibility for consequences of actions and not to make excuses or blame others.
- To strive to excel; to be committed; to give full effort and persevere in the face of setbacks.
- To demonstrate truthfulness and play by the rules of the game.
- To control anger and frustration and refrain from displays of temper and bad language.
- To accept losing and wining graciously; to congratulate opponents, and display good sportsmanship at all times.

Civility

- To practice good manners on and off the field.
- To refrain from trash talk and other put-downs of opponents and/or own teammates.
- To treat all persons respectfully regardless of individual differences; to show respect for legitimate authority (e.g. Coaches, Officials, Captains).
- To be fair and treat others as one wishes to be treated.
- To listen to and try to understand others.
- To actively support teammates and others.

Citizenship

- To be faithful to the ideals of the game including sportsmanship.
- To keep commitments to team, to show team spirit; to encourage others and contribute to good morale.
- To put the good of the team ahead of personal gain.
- To work well with teammates to achieve team goals.
- To set a good example for teammates, younger athletes, fans and school community.

III. Athletic Department Expectations for Students

Pre-Seasonal

Before any student is able to participate in an athletic program at Tamarac, five major items must be addressed:

- Prior to each season, students must sign up for the sports in which they are interested. Sign-ups will be under the direction of the Athletic Director.
- Once a sign-up sheet has been submitted, students will be scheduled for a physical examination with the school doctor. Appointment slips will be handed out. It is very important that students do not miss their scheduled appointments.
- On the first day of practice, students must turn in their completed health update form and their emergency medical forms to the appropriate coach.
- Students must return the signed Athletic Participation Agreement form to their coach prior to the first practice. The parent/guardian(s) must also sign this form, giving the athlete permission to participate in that sport.
- All athletes should plan to attend any seasonal meeting held by the head coach. The coach will discuss with the athletes the expected conduct, rules and regulations to be used for team selection, practices and the game schedule for the season.

Selective Classification

Students in 7th or 8th grade who wish to participate in a junior varsity or varsity team need to follow the rules of the Selective Classification Program. Students will not be tested nor can they qualify for the program two weeks after the start of each season. Therefore, it is imperative that the athlete's parent(s) contact the Athletic Director at the beginning of the sport season to arrange for this evaluation.

The purpose of selective classification is to determine the level of physical fitness of your son or daughter when compared to older athletes who will be competing in high school programs. This program has been designed for the exceptional few in each school who would be better served by playing on a higher-level team than age and grade might indicate. It is not intended to fill out rosters at the high school level.

Parents should be cautioned that even though an athlete may be physically ready, it does not mean that he/she may be socially or emotionally ready to handle the normal stress of competition. In order for this evaluation to begin, the following must occur:

- Parent permission must be obtained for the process to continue.
- Medical examination and approval by the school physician with the development and maturity level determined by the school physician in accordance with established criteria for the level of a particular sport.
- The Athletic Director will then administer the six-item athletic performance test. The athlete must meet or exceed the criteria established for the level of participation desired.

Seasonal

1. It is expected that all athletes attend school regularly and on time. Pupils must be in attendance a minimum of a half-day on the day of any contest or practice in order to participate. For a Saturday contest, they must be in attendance on the preceding Friday.

NOTE: The cut off for a half-day is 11:15 a.m. If a student misses more than half a day for extenuating circumstances (i.e. medical appointment, college visit) permission to play or practice may be granted if the student and/or parent notifies the athletic director or high school principal prior to being absent. The student athlete is responsible for making up missed work. It is important to note that a team returning from a game the night before should not use this as an excuse to show up late to school the next day. This will not be tolerated.

2. For any reason, if a student/athlete misses seven (7) consecutive school days or more he/she may not participate in a game until he/she has practiced for three (3) days. (For extenuating circumstances permission to play may be granted with prior approval from the principal or assistant principal.)
3. All athletes are expected to be prepared daily and participate in their physical education class to be allowed to participate in practice or the game that day.
4. No athlete shall have unauthorized possession of **ANY** athletic equipment. (Tamarac's or any other schools.)
5. Cleats **ARE NOT** to be worn in the building or on the buses at any time.
6. Athletes are reminded that school issued apparel are to be worn **ONLY** when directly involved with the team.
7. On non-school days, athletes are **NOT** allowed in the building before or after games or practices unless their coach is in the building.
8. Athletes are expected to report to practice immediately after school. However, due to crowded gyms in the winter, athletes may have to wait for a practice to begin. Students scheduled for a 4:00 p.m. practice who stay in the building **MUST** report to the supervised area (typically the Middle School cafeteria) designated by the administration.

9. Failure to report for a scheduled practice, game or match without being excused could result in suspension or dismissal from the team. (See individual coaches.)
10. Athletes participating in every sport must follow the Wasaren League statement on Player Conduct, located on page 9 and 10 in this handbook.
11. Athletes must ride the bus to and from contests, unless they have given to their coach a written request from their parents and the parents come directly to the coach to take them home.
12. Athletes must see that they are ready on time and in the proper location designated by their coach for all home and away contests.
13. If an athlete is **dismissed** from a team, he/she may not participate on another team in the same season.
14. If an athlete is selected for a team and wishes to move to a different sport in the same season, he/she must petition the athletic director within the first two (2) weeks of the playing season for this change. The decision will be at the discretion of the athletic director in consultation with coaches and administration.
15. No athlete will use or distribute alcohol or illegal drugs during their sports eligibility at Tamarac. This also pertains to hosting a party with alcohol or drugs. Oftentimes, if a student-athlete is present at a party where drugs or alcohol are involved, it will be difficult to prove his/her innocence. Athletes must be mindful of this rule when making decisions regarding social activities.

The training rules and their consequences will be enforced for the duration of an athlete's competitive time in high school. Therefore, when a student-athlete begins participation, these rules and consequences will be followed regarding alcohol or illegal drug related offenses.

1st offense – Student-athlete is suspended from all athletic participation for twenty-five (25) school days.

2nd offense – Student-athlete is suspended from athletic participation for sixty (60) school days. The student-athlete and his/her parents may petition the Athletic Director for reinstatement if the student-athlete has successfully completed an alcohol or drug rehabilitation program.

3rd offense – Student-athlete is suspended from athletic participation for at least one full calendar year. The student-athlete would be required to successfully complete an alcohol or drug rehabilitation program to seek athletic participation after the one year period. No appeals, no pardon.

Beyond this level the student-athlete will be denied the ability to participate in athletics for the remainder of his/her career at Tamarac School. No appeals, no pardon.

16. Any athlete that is placed on **OUT-OF-SCHOOL suspension** is automatically removed from all team activities for the duration of the suspension period. If a student is placed in **IN-SCHOOL**

suspension for 5 or more periods, he/she is not eligible to participate in games or practices that day.

17. All athletes are reminded that the team locker room is off limits during and after the school day unless the coach is present to supervise.
18. Should an athlete (or parent) have concerns, he/she should follow the proper chain of command to address the concern. (Coach-Athletic Director-Principal-Superintendent- Board of Education)

Practice Sessions

1. Require between one and one-half and two hours of actual student participation and will usually be held on each weekday on which there is no contest. Sunday practices, after 1:00 p.m. and holiday practices are allowed only upon administrative approval.

Practice Schedules

1. Will be provided a minimum of one week ahead of time whenever possible.
2. Athletes are reminded to be on time for all practice sessions and games. It is also a responsibility of the athlete to see that he/she has a ride home within a short time after a scheduled practice, game or bus return. If one's own parents are unavailable, the athlete should make arrangements to ride home with another team member. Athletes **ARE NOT** to be in the building without coaches' supervision.

Post Seasonal

1. All uniforms and equipment must be turned into the coach no later than one week from the day of the last contest.
NOTE: Missing or misused equipment will be charged to the individual, and the athlete will not be allowed to participate in a succeeding sport until it is returned or paid for. No awards will be given to an athlete who has outstanding/missing uniforms or equipment.
2. All athletes must see to it that their team room locker is cleaned out immediately after their last contest.

In Case of Injury

1. In the event of an injury, the athlete must report to the school nurse at his/her earliest opportunity so that necessary family and physician requirements for insurance forms can be completed.
2. Once an injured athlete has seen a physician he/she **MAY NOT** participate in any way with the team until all necessary steps have been taken to secure the proper medical release.
NOTE: The necessary steps are:

- a. Medical approval from the attending physician and/or papers from physicians at the emergency room.
 - b. Medical approval from school physician or personal physician.
3. The school district carries insurance, which will supplement the athlete's family policy. Athletes and parents should save all bills that are related to an injury. Any bills that **ARE NOT** covered by the family insurance may be submitted to the school's insurance company for consideration.

IV. Conduct

In School and the Community

1. Mutual respect among students, staff, and community is expected. Disrespect includes use of profanity and failure to obey reasonable requests by a staff member. Racist, sexist, derogatory, abusing, or *hazing* behaviors will not be tolerated.

Definition of Hazing: To annoy any student by playing abusive or ridiculous tricks, to frighten, scold, beat (or harass), or to subject him/her to personal indignity (site: www.unca.edu/content/policies-rights.html).

- Hazing is often grounded in drinking, humiliation and/or physical abuse.
- The best indicator of hazing is "intent". Is the primary intent to humiliate? If so, it is hazing. Such offensive behaviors toward individuals or groups of students will result in disciplinary action and possible loss of eligibility.

2. Student-athletes will receive neither special privileges nor special penalties in their studies or in their school conduct.
3. Participants must realize that they, more than any other single group of students, are in the eye of the citizens of the school district. It follows that such representation entails responsibilities on the part of the athlete to maintain the highest possible standards of conduct at all times – **IN OR OUT OF SEASON!**

On Trips Away from Home

1. Players are required to ride on the team bus to all away games and scrimmages, unless other arrangements have been approved by the administration and coach.
2. Athletes are required to follow the individual coach's standards.
3. Players are reminded that they are to be quiet and respectful upon arrival at the host school, and that the dressing and showering areas must receive the same consideration expected to be given those at home.

Bus Rules for Athletic Trips

1. No glass containers can be brought on the bus.
2. Cleats must be taken off before entering the bus and kept in a plastic bag or cleaned outside the bus. Muddy uniforms should be changed before entering the bus.
3. Overall, all athletes are to follow directions given by the bus driver.

Sportsmanship

TAMARAC BENGALS ARE A CLASS ACT!

Good sportsmanship is a top priority for the Brunswick Central School District. Good sportsmanship is a commitment to fostering ethical behavior and integrity. It is defined as displaying generosity and concern for others. All individuals are expected to be aware of his/her influence on the behavior of others and model good sportsmanship at all times. Displaying proper conduct is a concern that includes all participants, coaches, parents/guardians, and spectators. The guidelines listed below are expectations for appropriate behavior at all athletic contests:

1. To be a good host by treating visitors as guests.
2. To treat opponents with respect.
3. To respect the judgment of the contest officials and coaches.
4. To avoid profane and abusive language.
5. To avoid inappropriate behavior.
6. To place the emotional and physical well-being of everyone first and foremost.
7. To encourage a positive and enjoyable experience for all.

Any individual who chooses to ignore these guidelines will be subject to removal from the contest. Please remember that these contests are only games.

V. Awards

It is the policy of the Brittonkill School District to offer a variety of awards at the end of a sport season and at the end of the school year.

Team Awards

Coaches may choose to give one or more of the following awards at the end of their sports season: Most Valuable Player, Most Improved Player, Coach's Award and Sportsmanship. A small trophy or plaque identifying the sport for each of the athletes selected by the coach and/or team will be given.

Special Senior Awards:

1. Senior Trophy/Plaque – A trophy/plaque will be awarded to any athlete who has earned at least six varsity letters throughout their high school career.
2. Scholarship Award – A trophy/plaque will be awarded to the boy and girl (chosen from the top five academic students) who have played either two sports or two varsity seasons during their high school career.
3. Sportsmanship – A trophy/plaque will be awarded to the boy and girl who have displayed outstanding Sportsmanship while participating in the Tamarac Athletic Program. (Coachability, willingness to help, team/school spirit and effort will be taken into consideration for this award.)
4. Most Improved Senior Athlete – A trophy/plaque will be awarded to the boy and girl who participated in at least two varsity sports while a senior, and who, in the eyes of the varsity coaches of each gender, have shown the greatest amount of overall improvement in their ability to play a given sport or sports.
5. Outstanding Senior Athlete – a trophy/plaque will be awarded to the boy and girl who participated in at least two varsity sports while a senior, and who, in the eyes of the varsity coaches of each gender, have displayed outstanding athletic skills, contributed greatly to the success of a team or teams, and have exhibited characteristics that one would consider model for any athletic program. (In exceptional circumstances a one-sport athlete may be considered.)

Other Awards:

The Bengal Award – A trophy/plaque will be given to the person or persons (other than participants) who have shown outstanding loyalty and contribution to the sports program at Tamarac.

VI. WASAREN League Statement on Coach and Player Conduct Code

Coaches

Coaching is by nature an intense and emotional situation. It frequently places coaches in a position of making choices between the pressures of achieving short-term success, and the long-range educational goals of character development and exemplary behavior expected of all our athletes.

The coach's behavior and attitude toward the game, its participants, and officials sets the tone for players. It is inconsistent for coaches to be abusive or intolerant of officials and expect students to treat the officials with respect. There are well-defined procedures and channels to follow when there is dissatisfaction with an official's performance. Each coach has the prerogative of rejecting a limited number of officials on a seasonal basis.

Each sport is governed by many sets of rules and regulations. It is incumbent on each coach to be thoroughly familiar with all phases including National Federation or NAGWS Rules, the Handbook of the N.Y.S.P.H.S.A.A., Section II and WASAREN League Regulations. It is not sufficient to follow just the framework of these rules. The spirit and intent should be of equal concern and complied with fully. We cannot expect the students to have respect for, and follow rules, if the coaches are not meticulous in following the rules themselves.

Players

Participating in an interscholastic sport is an honor and a privilege. It is also a responsibility which demands extra commitment. Standards of behavior are high and a willingness to live up to them is part of being a member of a team. A player's attitude and behavior can directly influence the crowd's behavior. Unsportsmanlike conduct will not be tolerated at any time.

The coach of a team is expected to control his/her team and reprimand his/her players for inappropriate conduct. The administrator in charge must deal with any case that the coach cannot or will not handle.

League action will be taken on extreme cases. It is expected that this will be rarely necessary.

VII. Section II Code of Conduct for Spectators

1. Spectators are an important part of the games and are encouraged to conform to accepted standards of a good sportsmanship and behavior.
2. Spectators should at all times respect officials, visiting coaches, players, and cheerleaders as guests in the community and extend all courtesies to them.
3. Enthusiastic cheering for one's own team is encouraged.
4. Booing, whistling, stamping of feet and disrespectful remarks shall be avoided.
5. There will be no ringing of bells, sounding of horns, or other noisemakers at indoor contest during play. Anyone who does not abide by this rule will be asked to leave the premises.
6. Pep bands or school bands, under the supervision of school personnel, may play during times outs, between periods, or at halftime. Bands must coordinate their play so as not to interfere with a cheerleading squad on the floor or field.
7. The throwing of debris, confetti, or other objects from the stands is prohibited. Offending individuals will be asked to leave the premises.
8. During a free throw in basketball, all standard courtesies should be extended.
9. Spectators should encourage each other to practice courteous behavior. Improper behavior should be reported to school authorities.

10. Spectators will observe the rules of the local school concerning smoking, food & drink consumption, littering, and parking procedures.
11. Spectators will respect and obey all school officials and supervisors at athletic contests.
(Adopted by Section II Athletic Council, June 1990)

BRUNSWICK CENTRAL SCHOOL DISTRICT
Athletic Participation Agreement

PLEASE RETURN THIS FORM TO YOUR COACH BY THE FIRST PRACTICE.

I, _____, have read and understand my responsibilities and
(print athlete's full name)
the consequences of my actions as written in the 2011-2012 Athletic Handbook and wish to participate
in

_____ during the _____ season.
(name sport and level)

Date: _____ Athlete's Signature: _____

I have read the Athletic Participation Agreement and give permission for my son/daughter to participate in an interscholastic athletics program for Tamarac Secondary School under the provisions of the Athletic Handbook as written.

Parent/Guardian name: _____
(please print)

Parent/Guardian Signature: _____
(date)

Home Phone: _____

Work Phone: _____

Cell Phone: _____

To participate in Interscholastic Athletics, students must:

1. Be approved by a doctor to participate on an interscholastic team.
 2. Sign and return the Athletic Participation Agreement
 3. Have a parent/guardian sign the Athletic Participation Agreement granting permission for the student to participate in interscholastic athletics.
 4. Have parent/guardian complete and return the emergency medical form.
-

PARENTAL CONSENT/DELEGATION FOR MEDICAL TREATMENT

Parent/Legal Guardian of (name of child) _____ hereby authorizes the personnel of the Brunswick Central School District to grant consent to any physician he or she deems appropriate to conduct the required tests and provide necessary medical treatment/care to the above named child IF I OR MY SPOUSE CANNOT BE REACHED.

Child's Date of Birth: _____

Date of Child's Last Tetanus Immunization: _____

Pertinent Medical Date: (Allergies, asthma, seizures, etc. Also include any medication your child is on relative to the condition.) _____

Medical Restrictions: _____

Parent/Legal Guardian:

Mother's Name: _____

Father's Name: _____

Home Address: _____

Home Address: _____

Home Telephone No.: _____

Home Telephone No.: _____

Place of Employment: _____

Place of Employment: _____

Work Telephone No.: _____

Work Telephone No.: _____

Cell Phone No.: _____

Cell Phone No.: _____

Parent/Legal Guardian Signature: _____

Printed Name: _____ Date: _____

Authorization expires one (1) year from date signed by Parent/Legal Guardian.

ACKNOWLEDGEMENT

STATE OF NEW YORK)
 :ss
COUNTY)

On this _____ day of _____, 20_____, before me personally appeared _____, to me known to be the person(s) described in and who executed the foregoing instrument, and acknowledged that he/she (they) executed the same as his/her free act and deed.

Notary Public

**This form must be completed prior to the start of each sport and returned to the
Secondary Health Office**

INTERVAL HEALTH HISTORY FOR SPORTS PARTICIPATION

Tamarac Secondary School

Prior to the start of tryout sessions or practice at the beginning of each season, a health history review for each athlete must be conducted unless the student received a full medical examination within 30 days of the start of the season.

Student: _____ Age: _____

Grade (check): 7 8 9 10 11 12 Date of Birth: ____/____/____

Sport: _____ Level (check): Varsity JV Frosh Jr. High

PART A: TO BE COMPLETED BY THE SCHOOL HEALTH OFFICE

Date of last health appraisal: ____/____/____ Limitations: Yes No

PART B: TO BE COMPLETED BY THE PARENT OR GUARDIAN

Note: “Yes” to any of these questions does not mean automatic disqualification from the athletic activity indicated in PART A above. However, it will require a review and approval by the school physician before the student can report to practice or tryouts. The answers to the questions on this form will be held in the school health office, and will be kept confidential.

HISTORY SINCE LAST HEALTH APPRAISAL:

If the answer to any of the following questions is “YES”, in PART C on the reverse side of this form, please describe the condition or situation that prompted your answer.

1. Any injuries requiring medical attention? Yes No
2. Any illness lasting more than five (5) days? Yes No
3. Taking medicine or under physician’s care at this time? Yes No
4. Any feeling of faintness, dizziness or fatigue after exercise or exertion? Yes No
5. Change in wearing glasses or contact lenses? Yes No
6. Any surgical operations or fractures? Yes No
7. Any treatment in a hospital or emergency room? Yes No
8. Developed any allergies? Yes No
9. Any chronic disease? Yes No

PART C: TO BE COMPLETED BY PARENT OR GUARDIAN

Describe the condition or situation that caused any questions in PART B to be answered "YES".

PART D: PARENTAL PERMISSION

I, the undersigned, clearly understand these questions are asked in order to decide if my child can safely participate on the athletic team named in PART A of this form. The answers are correct as of this date and he/she has my permission to participate.

SIGNED: _____ DATE: ____/____/____

PLEASE RETURN TO THE SCHOOL HEALTH OFFICE

PART E: TO BE COMPLETED BY THE SCHOOL HEALTH OFFICE

Sports Participation:

- Approved Referred to School Physician

Signed: _____ Date: ____/____/____
 School Health Office

If referred to the School Physician:

- Requalified Disqualified

Signed: _____ Date: ____/____/____
 School Physician